



Expand Your Potential Through Interactive Learning

Laurel Behaviour Support Services offers a series of individualized workshops and training for parents, caregivers, professionals and para-professionals involved in supporting individuals diagnosed with autism spectrum disorder and/or a developmental disability.

Benefits of our workshops and training:

- gain knowledge and tools to implement evidence based best practice
- support your personal and professional development
- offers flexible and customized training opportunities
- network and share the learning experience with others in the field

Our workshops and training can be offered at *posAbilities'* training facilities or at your agency. If you are interested in a topic that is not listed, please let us know. We would be happy to develop individualized training to meet the needs of your group.

Also inquire about presentations in other languages.

For more information:

Please contact our Service Coordinator at (778) 945-1435 or Toll Free at: 1 (855) 437-7095 or by email laurel@posAbilities.ca

Our Training Catalogue

1. Back to the Basics: An Introduction to What Drives Behaviour
2. Breaking it Down: How to Teach New Skills
3. How to Incorporate Positive Parenting Into Your Daily Routines
4. Walk a Mile in My Shoes: An Introduction to Autism Spectrum Disorder
5. Developing a Function-Based Support Plan to Address Problem Behaviour
6. When the Going Gets Tough...How to Best Prevent and Manage Escalated Behaviours
7. Finding an Alternative Way to Communicate
8. Applications of Visual Communication Support
9. Social Narratives and Communication Systems
10. How to Make Friends! Building Social Skills in a Group Environment
11. Addressing Anxiety Using Behavioural Strategies
12. Managing Stress: An Important Life Skill
13. Being in Control: Developing Self-Awareness and Self-Regulation
14. Perspective Taking and Problem-Solving in Social Situations
15. Tips and Tools for Effective Home-School Communication
16. The Good, the Bad and the Ugly: The World of Electronic Use
17. How to be Safe On-line
18. Person-Centered Thinking & Planning