

Triple P™ Stepping Stones is for every parent with a child (up to 12 years of age) with autism spectrum disorder, ADHD, and/or a developmental disability, whether it is for specific concerns or advice on common everyday issues.

Connect with other parents and learn about:

1. How to bring out the best in your child.
2. How to teach important functional skills and behaviours.
3. How to manage mis-behaviour during parenting routines.
4. How to plan ahead to ensure a successful routine/outing/activity.

Delivered over nine weeks: Five interactive group sessions get you started on goals that are a priority for you, followed by three phone consultations to problem solve and a final session to celebrate successes.

Day: Wednesdays
Start Date: January 13, 2016
End Date: March 9, 2016
Time: 6:00pm-8:30pm
Location: Suite 101-4664 Lougheed Hwy, Burnaby

Child minding available

\$10 per child per session,
\$5 for each additional child per session

Triple P™ Stepping Stones

Helping parents take the stress out of parenting

www.triplep-parenting.net



**Cost: \$200
per parent or couple**
Please register by January 6, 2016

*Maximum number of
parents/couples per session is 10*

*Limited financial assistance
may be available.*

**To register, please contact
our Team Leader:**

Phone: (778) 945-1435

Email: laurel@posAbilities.ca

Online: www.laurelbc.ca