



Expand Your Knowledge and Skills through Interactive Learning

Laurel Behaviour Support Services offers a series of individualized workshops and training for parents, caregivers, professionals and para-professionals involved in supporting adults diagnosed with autism spectrum disorder and/or an intellectual disability.

Benefits of our workshops and training:

- gain knowledge and tools to implement evidence based best practice
- support your personal and professional development
- offers flexible and customized training opportunities
- network and share the learning experience with others in the field

Our workshops and training can be offered at your agency, at a training facility or on-line. If you are interested in a topic that is not listed, please let us know. We would be happy to develop individualized training to meet the needs of your group.

For more information:

Please contact our Service Coordinator

Toll Free at: 1 (855) 437-7095

or by email laurel@posAbilities.ca

Adult Service Training Catalogue:

1. Person Centred Thinking
2. "Behaviour is Communication" What does it Really Mean? – Understanding the Basics of Challenging Behaviour
3. Positive Behaviour Support Strategies
4. Active Support: Doing Activities WITH the person rather than FOR the person
5. Walking a Mile in My Shoes: An Introduction to Autism
6. When the Going Gets Tough: How to Best Prevent and Manage Behaviour Escalation
7. Recognizing and Addressing Anxiety
8. Managing Stress: An Important Life Skill
9. Strategies to Enhance Participation in Daily Living Activities and Explore New Interests
10. Implementation of Behaviour Support Plans: Importance of Celebrating Success and Problem Solving Challenges
11. Restrictive and Prohibitive Practice: Ethical and Policy Implications
12. Fact and Fiction: Demystifying the Terms Reinforcement and Punishment in Our Field
13. How Do We Know If We Are Making a Difference? Data Collection and Its Relevance to Our Field
14. Self-Regulation

We also offer short training modules on the following topics. Each module can be individualized by incorporating case examples relevant to your team.

- Top 10 Strategies That Promote Success in Supporting Individuals With a Disability
- Ethics in Practice: Things to Remember
- Visual Support Strategies
- Disability Awareness
- Identifying Person Centred Goals and Monitoring Progress.
- Alternatives To Saying "No"
- Top 10 Strategies to Prevent Challenging Behaviour
- The Importance of Communication Skills