

Healthy Relationship Series



Providing adults with disabilities individualized training on hygiene, sexuality, relationships and ways to stay safe

This Series will Cover:

- Public VS. Private: Rules, behaviour, and locations
- Taking care of your body: When and how
- Masturbation: When, where and cleanup afterwards
- Creating healthy relationships and friendships: Navigating your world, identifying who is safe, characteristics of a good relationship/friendship
- Identifying types of touch: preferences, what's safe and not safe
- The power of consent
- Safer sex: STI prevention, condom demonstration
- Sex, Pornography and the law

Some of the content is explicit and may cause discomfort for some individuals

KELOWNA (5 Sessions)

Cost:	FREE
Day:	Tuesdays
Start Date:	April 23, 2019
End Date:	May 21, 2019
Time:	9:30am - 11:30am
Location:	John Howard Society 1440 St Paul St, Kelowna, BC V1Y 2E6

For more information about the program and/or eligibility criteria, please call 1-855-437-7095 or email laurel@posAbilities.ca