

Healthy Relationship Series



Providing adults with disabilities individualized training on hygiene, sexuality, relationships and ways to stay safe.

This Series will Cover:

- Public VS. Private: Rules, behaviour, and locations
- Taking care of your body: When and how
- Masturbation: When, where and cleanup afterwards
- Creating healthy relationships and friendships: Navigating your world, identifying who is safe, characteristics of a good relationship/friendship
- Identifying types of touch: preferences, what's safe and not safe
- The power of consent
- Safer sex: STI prevention, condom demonstration
- Sex, pornography and the law

Some of the content is explicit and may cause discomfort for some individuals.

VANCOUVER (10 Sessions)

Cost: FREE
Day: Tuesdays
Start Date: March 12, 2019
End Date: May 14, 2019
Time: 11:00am - 12:30pm
Location: Can-Do
1175 Kingsway Avenue,
Vancouver

For more information about the program and/or eligibility criteria, please call 1-855-437-7095 or email laurel@posAbilities.ca