

Triple P® is a broad-based parenting intervention for every parent with a child (up to 12 years of age) whether it is for specific concerns or advice on common everyday issues.

Connect with other parents and learn about:

1. How to bring out the best in your child.
2. How to teach important functional skills and behaviours.
3. How to manage mis-behaviour during parenting routines.
4. How to plan ahead to ensure a successful routine/outing/activity.

Delivered over eight weeks: Five interactive group sessions get you started on goals that are a priority for you, followed by three individualized phone consultations to problem solve.

Day: Thursdays
Start Date: March 7, 2019
End Date: April 25, 2019
Time: 6:00pm - 8:30pm
Venue: Laurel Head Office,
#240, 4664 Lougheed Hwy, Burnaby

Triple P® Parenting Program

Helping parents take the stress out of parenting

www.triplep-parenting.net



**Cost: \$250
per parent or couple**

Please register by March 1, 2019

*Maximum number of
participants per session is 10*

**Register online:
www.laurelbc.ca/trpg-2019**

For more information about the program please call 778-945-1435 or email laurel@posAbilities.ca