



Let's Learn with LINK!

Sexual Health Education for Children and Youth with Diverse Abilities

Children and youth who have a developmental disability, intellectual disability or identify as neuro-diverse, often find it difficult to receive sexual health education that is sufficiently adapted to meet their needs.

Misinformation and lack of accessible sexual health education, can lead to socially inappropriate behaviours that put the young person and others at risk. Research has proven that education about healthy sexuality and gender expression reduces a person's vulnerability and increases their safety in the community.

The **LINK!** curriculum developed by **posAbilities**, was designed to fill this knowledge gap. Our team of Sexual Health Educators have extensive experience working with diverse learners and can provide relevant sexual health information with the adaptations each individual requires. Children and youth of all ages, will be empowered to explore their sexuality in a safe and healthy manner, with foundational knowledge in topics such as:

- body science
- public versus private spaces
- puberty
- sexual health rights
- online safety
- relationships
- sex and the law

Training Format

There are two initial sessions designed as pre-requisites, with each subsequent session focusing on specific topics. Individuals can select the topics they wish to attend, which ensures that all information they receive is relevant and of interest to them. All sessions are 1-2 hours in length and facilitated by a certified Sexual Health Educator.

LINK! is offered in small group format in these regions:

- Metro Vancouver
- Okanagan region
- Vancouver Island (South/Central)

If you are interested in designing your own group, or would like information on education delivered in a 1:1 format, [Get Started here](#).

If you want more information contact us at: LINKSRS@posabilities.ca
Visit laurelbc.ca to see our full list of services.